

Page numbers followed by *f* indicate a figure or diagram

- Activism, 77–80, 113, 119–123, 127–129, 145–146. *See also* social change
- Advocacy, 25–26, 96, 127–129, 145–146. *See also* social change
case study, 25–26, 64–65, 102, 129–132
- Alliances, value of, 113–114
- Assessment
feminist therapy approach, 14–19
use of questionnaires, 17, 165–176
- Circumstance in problem etiology, 140–141
- Class differences, 114–116
- Client/therapist relationship, 2, 57, 80–81, 83, 92–93
communications, 21–22, 25–26
ownership of, 3–4, 70–71, 137
- Cognitive-behavioral therapy, 4
- Collaborative problem solving, 144–146
- Communications
in client/therapist relationship, 21–22, 25–26
with insurance companies, 27
with other health professionals, 22–24
- Community linkages, value of, 31–33
- Connectedness and feminist therapy, 80
- Consumer model of therapy, 20–21
- Context and feminist therapy, 74–75
- Contextual ecological feminist model, 44*f*, 46–49, 55
case study, 62–63, 63–65
- Contextual identity model, 43–46, 44*f*. *See also* feminist ecological model
case study, 89–92, 96–99, 102–103
explanation, 88–89
therapists need to use, 91–92
- Contextualization. *See* contextual identity model
- Coordinates in feminist ecological model, 44*f*, 48–49
- Costs, mental health services, 13–14, 29–30
- Critical psychology, 6–8, 113
- Diagnosis requirements, 14, 18–19
Diagnostic and Statistical Manual of Mental Disorders (DSM), xix, 81, 136*f*
- Economic influences in feminist ecological model, 44*f*, 48
- Education of mental health workers, xix–xx, 4–5
- Empowerment, 92–93, 99–101, 110, 114
case study, 99–100, 104–107, 129–132
- Environmental influences in feminist ecological model, 44*f*, 48
- Ethical codes, 74, 116–123, 189–194
- Exclusionary aspects in feminism, 111–112

Exosystem influences

- case study, 59
- feminist ecological model, 44*f*, 47

Family therapy, 105–106

Fees for services, 29–30

Feminism

- ethics, 117–120, 122–123
- evolution, 109–110
- exclusionary aspects, 111–112
- morality theory, 116–117
- second wave, xix, 110–111
- tensions within movement, 109–110
- third wave, xxiii–xxiv

Feminist ecological model, 44*f*, 46–49. *See also* contextual identity model

Feminist morality theory, 116–117

Feminist therapy

- challenges, xxiii
- difficulties in application, 10–14
- ethical code, 117–120, 189–194
- evolution, xv–xvi, xx, 1–2, 70, 110–111, 121–123
- influence on traditional practices, 1–2, 79–80, 82–83, 110–111
- model, 136*f*
- principles, 2–3, 6–8, 37, 83–84, 87, 151–152
- research, 39–41, 75–77
- success in, 82

Feminist Therapy Institute (FTI), 74, 117–119, 121, 189–191

Gender roles

- case study, 98–99
- emphasis in early feminism, 111–112

Globalization and feminism, xxiii–xxiv

Group identity, 44*f*, 46, 50–51, 143–144

- case study, 59, 63

Group therapy, 12, 143–144

Health care cost containment, xxii–xxiii, 4–5

Health management organizations (HMO), 3–4

Historical influences in feminist ecological model, 44*f*, 48

Homework as therapy strategy, 88

Identity, 44*f*, 45, 50–51

- case study, 61
- development, 111–112
- in problem etiology, 141–142

Individuation in traditional therapy, 80

Injustices and problem etiology, 138–140

Insurance companies

- and health care costs, xxii–xxiii
- mental health services, 3–4, 12–13
- reporting requirements, 27

Integrated model of therapy, 41–43, 56

- case study, 56–61, 63
- examples, 49–50

Intervention

- appropriateness of, 103–107
- case study, 129–132
- techniques, 142–145

Intrapsychic issues and problem etiology, 141–142

Labeling, 20–21

Liberation psychology, 113

Licensing of mental health workers, 4–5

Lived experiences, 2, 51–52, 92–93, 117, 145–146

Logical positivist research, xxi–xxii

Macrosystem influences

- case study, 59, 63, 97
- feminist ecological model, 44*f*, 47–48

Mainstream psychology. *See* psychotherapy, traditional

Map of the self, 141–142, 153

Mental health practice/services

- costs, xxii–xxiii, 3–4, 13–14
- emphasis on majority population, 68–69
- feminist therapy influence, 1–2, 2, 79–80, 82–83, 110–111
- medicalization of, 4–6, 144–145
- public, 10–11, 28
- research, 5, 39–41, 75–77
- role of language, 19–24
- in rural communities, 10–11
- theory, xix–xx, xxi–xii, 67
- treatment standards, 5, 75–77
- trends, xx–xxiii

Mental health workers. *See* therapists

Microsystem influences

- case study, 58, 64
- feminist ecological model, 44*f*, 46–47

Morality theory, feminist, 116–117

Multicultural counseling movement, 113–114

Mutuality, 80